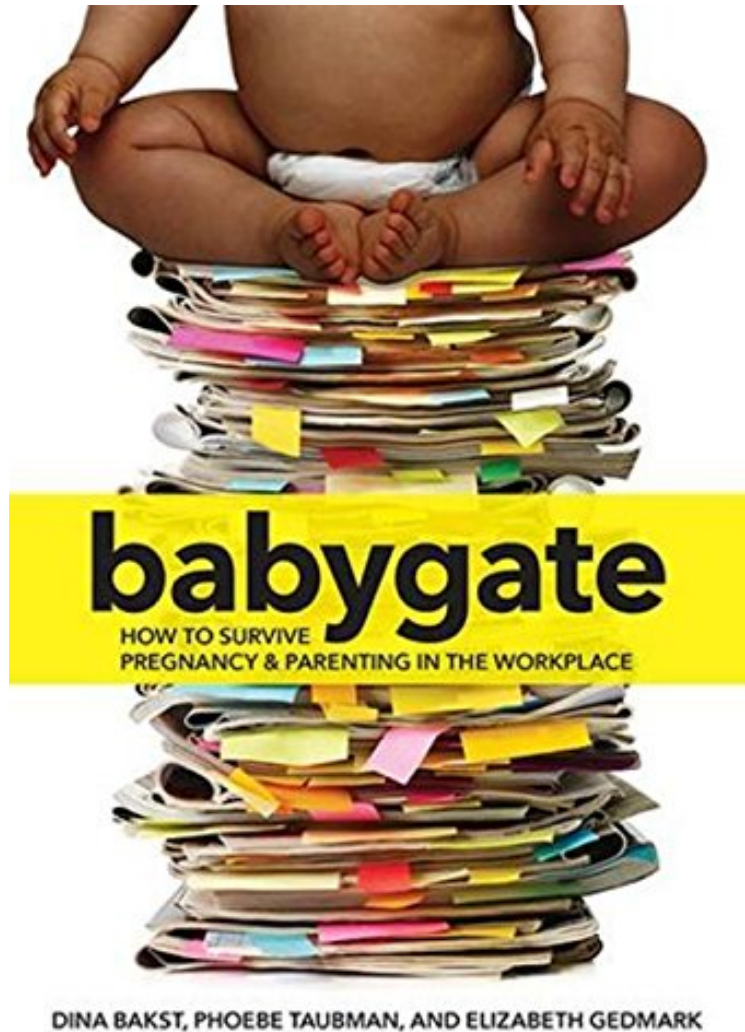


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# Babygate: How to Survive Pregnancy and Parenting in the Workplace

*Dina Bakst, Phoebe Taubman, Elizabeth Gedmark*  
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**Dina Bakst, Phoebe Taubman, Elizabeth Gedmark : Babygate: How to Survive Pregnancy and Parenting in the Workplace** before purchasing it in order to gage whether or not it would be worth my time, and all praised Babygate: How to Survive Pregnancy and Parenting in the Workplace:

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a good book as it reminds us of our BASIC RIGHTS. Not all employers or corporations measure up. It's nice to know that these basic rights are available and know to ask for them. Great book.1 of 1 people found the following review

helpful. A must read for expectant moms everywhere. By Tamar C. Babygate is an essential guide for working moms everywhere, and a handy resource to have at your fingertips. The book is easy to read, filled with helpful anecdotes. I especially loved the section at the back, detailing each state's laws around pregnancy discrimination and family leave. This is a must-read for every expectant mom.

Moms-to-be get tons of advice on strollers, sleep training, and post-baby workouts. What they don't get is straight talk about navigating the workplace during pregnancy and new parenthood - factors that put many women's jobs in jeopardy. That's why Babygate is essential: the first and only guide to supply parents with the tools they need to keep their jobs. Babygate breaks down the laws on topics across the parenthood spectrum in clear, conversational language, and includes a state-by-state guide so readers know exactly how they're protected (or not) in their hometowns. Best of all, Babygate includes a road map for confronting family-responsibilities discrimination, and a concrete plan for creating a more family-friendly nation. In Babygate, three legal experts share practical tips, real-life stories from moms and dads, and key legal information to spotlight the protections expecting and new parents have (and don't have) in the workplace. This step-by-step guide covers everything from morning sickness to maternity leave to confronting discrimination on the job. Includes quizzes, charts, checklists, sample letters to employers, and a comprehensive breakdown of individual state laws on pregnancy, parenthood, and the workplace.