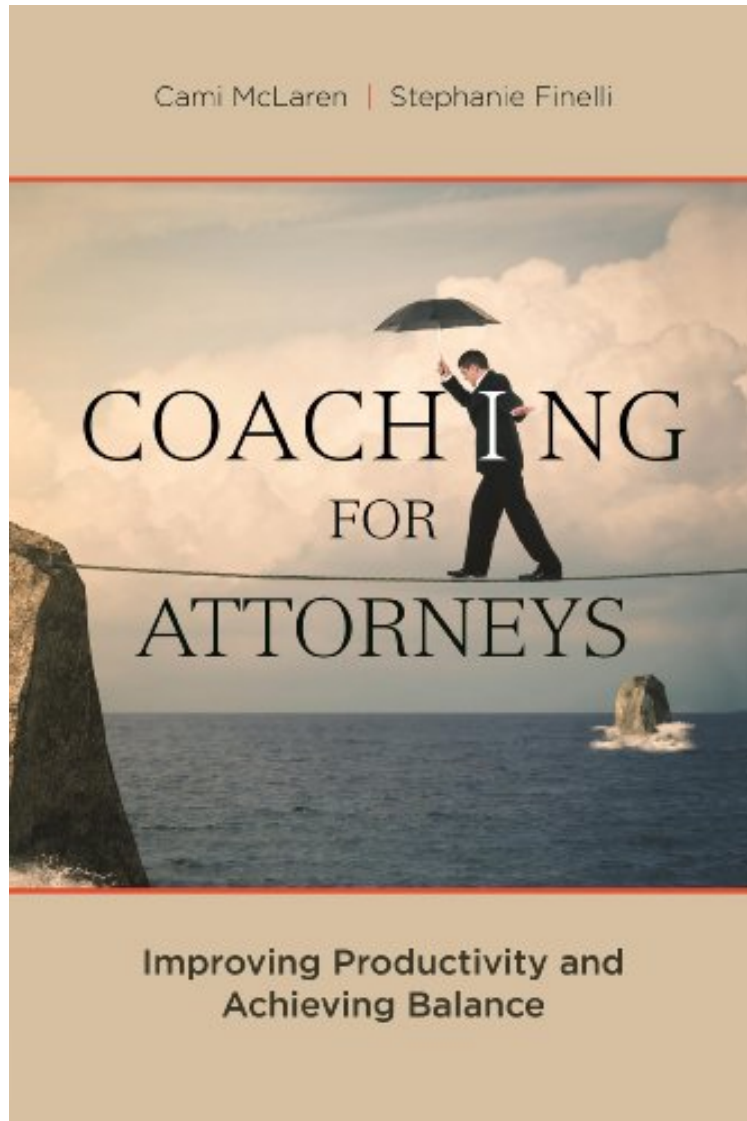


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Coaching for Attorneys: Improving Productivity and Achieving Balance

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2 of 2 people found the following review helpful. This Book will make you a better and happier professionalBy Patrick J. McKennaWOW! I have to say that this book is far beyond anything I ever expected. I thought, based on the

title, that this book was going to be about how to coach attorneys; but it is not. To the huge benefit of any attorney that reads this text, the sub-title says it all - this book is your guide for improving productivity and achieving balance. This book is YOUR COACH. The 11 chapters include: How to use this book What do you want from this book? Accountability Your keys to the kingdom Are you committed? (and if not, why not?) Values-based living The case for self-maintenance Managing your time and energy a different way to practice Communication skills for lawyers Purpose and Vision The art of enrollment Trust in our profession The substantive content covers concrete steps like how you go about identifying and moving past obstacles; making an effective request or promise; and determining and articulating your firm's values. It presents a new paradigm for better managing your time and for creating and implementing your special vision. If you invest in reading this material, you may just learn how to delegate (properly); listen (like you think you know how already); and actually understand the basic behaviors that build and break trust (so, do you know how are you going to fix that last mistake). And every one of these chapters starts with Why read this chapter? includes an Introduction, various helpful exercises, in-depth content and concludes with specific Homework. I'm only sorry that I cannot tell you anything about the authors, as I have yet to meet and do not know either of them. But great job ladies, I'm sincerely impressed. 2 of 2 people found the following review helpful. If you have asked yourself Why am I not happy? By Pamela Jones If you have asked yourself Why am I not happy?, or Where is my career going?, then I would recommend that you read, and work through, Coaching for Attorneys. This book offers a structure through which you can plan and act to make positive changes in your life by making conscious choices. The key aspect of Coaching for Attorneys is that the book does not provide the answers for you. Commitment to working through the book is absolutely necessary. It won't be easy though. This book should come with a warning sign, work required by reader. Hard work. This book coaches the reader through a series of distinct but connected chapters akin to individual workshops. Reading about the tools is not enough. You will have to think through the questions posed in the homework assignments, do some soul-searching, and actually take action before the true value of this book can be mined from the pages. The authors declare on the first page of the book that Commitment shows up in action and that Change will not happen without commitment. I worked through this book once and will do so again to keep myself on track. I keep a copy by my desk to refer back to it when I am feeling overwhelmed. I would recommend this book to any attorney. 0 of 0 people found the following review helpful. Intuitive Solutions for Day-to-Day Issues By Annie Dike Life in the practice can really take its toll. We all work too hard at times and find ourselves overwhelmed and stressed beyond our limits. Coaching for Attorneys offers an engaging, straightforward solution. Train yourself to take care of yourself. Be accountable, for both your faults and your accomplishments. Reward yourself when you've earned it, and take a break when you've deserved it. Certified Performance Coach, Cami McLaren and Sacramento attorney, Stephanie Finelli, offer intuitive, practical solutions for the daily issues we face as attorneys and help walk attorneys through simple, approachable methods for improving their outlook, their performance and their overall well-being. Read just a few pages a day, and you will begin to see a change in your reactions, your communications skills and your interactions with co-workers and colleagues. You will breathe easier, enjoy the practice more and be thankful for it.

Coaching for Attorneys is more than just a book. It is a mentor - addressing common problems and concerns that lawyers experience throughout their careers - and provides specific tools along with specific step-by-step instructions on how to use these tools to help you make life as a lawyer easier. Coaching for Attorneys teaches one how to feel good about what you are doing thus resulting in better work, better health, and better family life. Simply put: a fulfilled attorney is a better attorney. Throughout this new-age book, real life examples are included that demonstrate how effective coaching can have positive changes. The authors help you realize practicing law in a new and innovative way that will respect who you are as a person; that will bring excellence to your practice, balance to your life; and that will ultimately have you feeling better and working more productively!

"Coaching for Attorneys is a "must read" for all lawyers and law students as well. It offers sensible and specific tips, exercises, and practices that allow harried and overstressed attorneys alternatives for safe and sane professional and private lives. It truly is a book that provides coaching that may well promote excellence in your practice and balance in your life. In a time when the pressures on lawyers are tremendous, Coaching for Attorneys provides a thoughtful, balanced, and insightful antidote." Kevin R. Johnson, Dean, UC Davis School of Law About the Author Cami McLaren is the owner of McLaren Coaching based in Sacramento, CA. Stephanie Finelli is a licensed attorney practicing in Sacramento, California