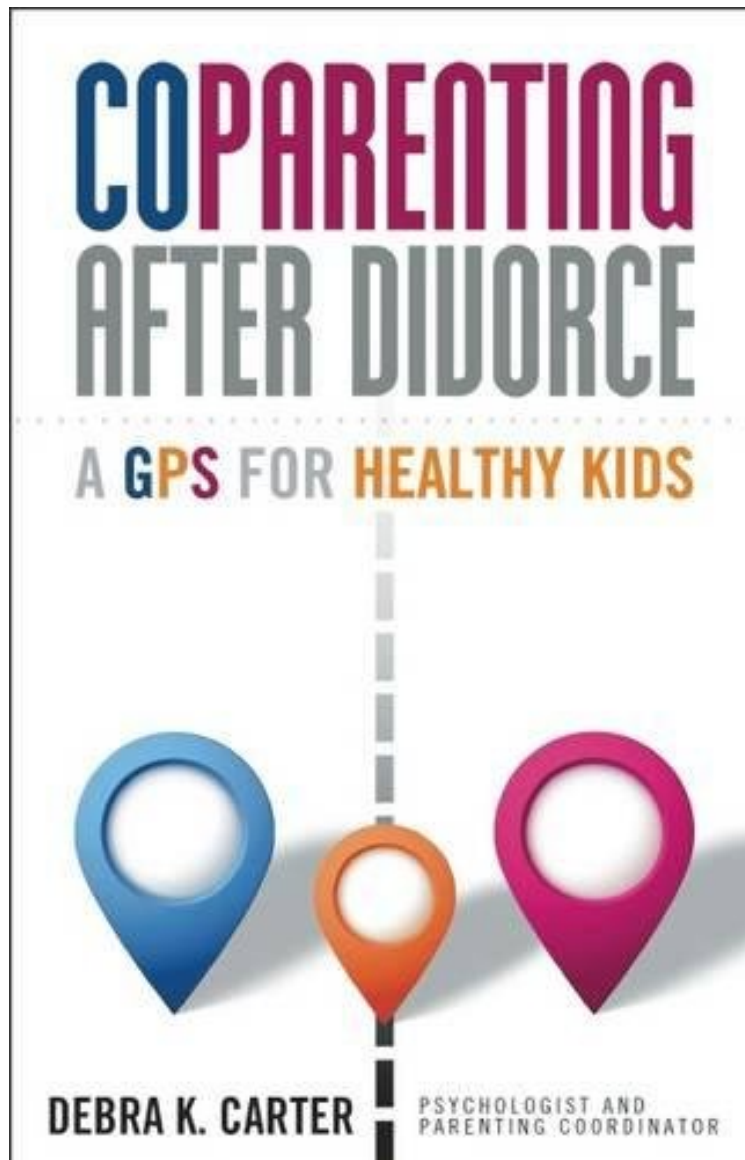


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CoParenting After Divorce: A GPS For Healthy Kids

Debra K. Carter

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Debra K. Carter : CoParenting After Divorce: A GPS For Healthy Kids before purchasing it in order to gage whether or not it would be worth my time, and all praised CoParenting After Divorce: A GPS For Healthy Kids:

0 of 0 people found the following review helpful. A truly useful guidebook for attorneys and parents trudging through the wilderness of high conflict divorce cases.By Haus of ButzOften enough, those of us working in the field of parental capacity and parenting time matters are asked for a reference that might be helpful. What is, seemingly,

unintentionally implied by attorneys and parents is that they want a book that simplifies the very complex and difficult circumstance experienced by children and adults entwined in these processes. As may be readily apparent, those two polarities often do not go together. That is, one of these things is often not like the other. Despite the natural Hegelian dialectic created by such requests Dr. Carter has, likely through great efforts, distilled a book that actually does simplify and explain the very complex and difficult prospect of guiding those involved in these processes through the myriad of hazards involved. It is authoritative, its flow makes sense to attorneys and parents, and they are able to use it as a reference guide again and again; as if triangulating their positions amid a vast wilderness repeatedly. It keeps the best interest of the children at the forefront of the process, while empathically guiding the adults involved. I would strongly recommend it as a helpful guide to those working in the field of forensic family law as well as parents engaged in what can be a very bewildering process as they come to terms with the matters that have led them to this point in their lives. Michael R. Butz, Ph.D. Licensed Psychologist, Montana. 0 of 0 people found the following review helpful. i wish my car's gps was this good! By Customer as a clinician i purchase this book in batches and it goes out the door to the parking lot with all my families...this is a must have if you are working with families as it gives the specific road map with all the details you need to make the trip a smoother one everyone who experiences the trials and tribulations of co-parenting after divorce should have this book. some roads are smooth and some are rather bumpy, but this book will get you to your destination.....a real parenting team for your kids. it is clear and specific. it gives you all the road signs, stop signs, detours, and rest stops. i wish my car's gps was this good! 0 of 0 people found the following review helpful. Good reference book. By Customer Simple to read understand. Useful to one who has no prior knowledge on the subject-matter.

Using a GPS analogy, *Co Parenting After Divorce* presents a road map for developing a customized parenting plan either with a parenting coordinator or on your own. Learn what to expect from a parenting coordinator and from the court system, how to track factors important for your child's development, how and when to adjust the plan, and how to handle bumps in the road and avoid common mistakes. Written by one of only a few experts on parenting coordination, Dr. Debra Carter provides solid information that every divorcing parent needs to know before, during and after the divorce. Instead of letting conflict and divorce harm children, this book helps parents avoid actions and behaviors that influence kids in a lifelong negative way, and instead gives parents tools to prevent harm to their children even when parents are no longer together.

"This book, written by a pioneer in the development of Parenting Coordination practice, is a well-crafted, practical guide for parents who have lost their direction in the stormy seas of high-conflict shared custody situations. Dr. Carter de-mystifies concepts such as coparenting, parenting plans and provides guidance in managing common issues encountered in these complex, challenging situations. It distills and applies the best relevant social science research for parents and professionals alike. This is the book I'll refer parents to who ask the question, "Should I consider using a Parenting Coordinator?" Matthew J. Sullivan, PhD; Author of *Overcoming the CoParenting Trap* There are two things that are extremely important for parents who are separating: they need the knowledge and child-focused tools to formulate their own parenting plan, and they need to have a process to minimize conflict as they move into the future. Debra Carter is contributing a valuable resource for these parents that gives them the practical and child-developmental tools to craft their customized plan, detailed and understandable information about the parenting coordination process which can help them work through serious conflict, and communication skills for keeping on track to avoid future problems. All of this is furnished in language the parents can absorb and identify with, and is underscored with real-life scenarios. Hugh E. Starnes, Senior Circuit Judge, Fort Myers, FL *CoParenting After Divorce* is a clear and simple explanation of Parenting Coordination, as well as a helpful step-by-step guide for separated parents navigating issues from infants to the terrible 2s through older teens. I really liked comparing the Parenting Coordinator to a GPS system that helps the parents stay on course to reach a positive destination for their child(ren). Carter provides lots of research, many examples of parents overcoming conflict, and an abundance of hope. She really knows her stuff! I recommend this book as a helpful introduction to Parenting Coordination for any parent and professional! Bill Eddy, LCSW, Esq., President of High Conflict Institute. He is the author of several books, including *It's All Your Fault: 12 Tips for Managing People Who Blame Others for Everything*. "Dr. Carter's Guidance for Parenting System gives parents a clear road map for navigating to the most important destination: healthy children. This clear, concise guide spells out proven ways to reduce conflict and keep children's needs a top priority. This book is a 'must have' for divorcing parents". JoAnne Pedro-Carroll, Ph.D. Clinical Psychologist and Child Specialist; Author, *Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce*. One of Dr. Carter's unique gifts is her ability to weed through voluminous research literatures to identify, sort out, and communicate only the most important concepts -- in a way that anyone can digest and understand. The "GPS" concept of this book is an apt and perfect metaphor for how she serves us all by illuminating the most productive paths. Parents will find great value in this book; it is a straightforward and eye-opening but "easy" read. In my view, a terrific and much-needed

contribution!" Jamie McHale, Ph.D. Director, Family Study Center, University of South Florida